



Creating and Strengthening Partnerships with Family Planning Clinics

Ryan White All Grantees Meeting
August 2008



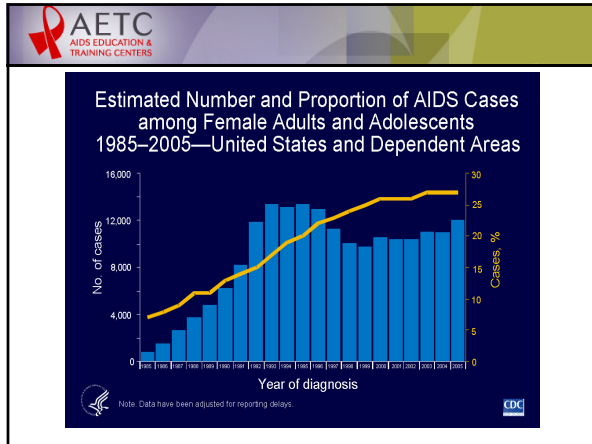
Presenters and Moderator

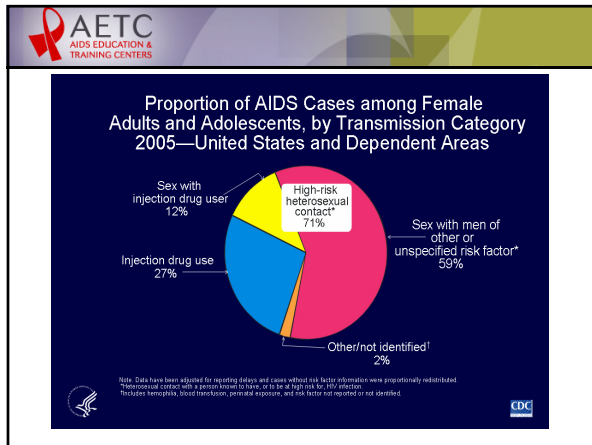
- Jamie Steiger, MPH; AETC National Resource Center (moderator)
- Laura Armas, MD; Texas/Oklahoma AETC (presenter)
- Susan Moskosky, MS, RNC; Office of Family Planning, Office of Population Affairs (presenter)
- Karen Coleman, MSW; Division of Infectious Diseases and HIV Medicine, Partnership Comprehensive Care Practice (presenter)



Learning Objectives

1. Define partnership opportunities with family planning clinics
2. Discuss strategies for engaging family planning clinics in partnerships with Ryan White providers through education and other vehicles
3. Describe contents of the *HIV Screening and Women's Health* curriculum, Cervical Cancer Screening Training of Trainers package, and Cervical Cancer Screening Technical Assistance package.





Clinical Manifestations of HIV & Women

- Abnormal Pap smears are more than 4 times higher in HIV-infected women
- HIV-infected women have a higher prevalence of HPV infection
- HIV-infected women are 5 times more likely to develop squamous intraepithelial lesions (SIL)
- Invasive cervical cancer is an AIDS defining illness

Source:
 Cervical Dysplasia. In: Coffey S, ed. Clinical Manual for Management of the HIV-Infected Adult, 2006 Edition. AIDS Education & Training Centers National Resource Center, 2005:65-70-72.
 Maman, M, et al. (1995). Prevalence, Risk Factors, and Accuracy of Cytologic Screening for Cervical Intraepithelial Neoplasia in Women with the Human Immunodeficiency Virus. Gynecologic Oncology, 68: 223-30.



Why Should I Partner with Family Planning Clinics?

1. Strengthen capacity of clinic through collaborative training and technical assistance
2. Link HIV-infected women to critical reproductive health services offered by family planning clinics, such as cervical cancer screening and access to contraception
3. Provide linkages to HIV care and treatment for women who are diagnosed with HIV at a family planning clinic



Why Should I Partner with Family Planning Clinics? (continued)


4. Seek consultation on reproductive health care delivery
5. Offer consultation on HIV screening and care delivery




Office of Population Affairs, Office of Family Planning, Title X Program

Susan B. Moskosky MS, RNC, Director
Office of Family Planning,
Office of Population Affairs







Title X History




- Created in 1970
- Context - concern over population issues
- Mission – to provide the necessary educational, comprehensive medical, and social services necessary to aid individuals to determine freely the number and spacing of children
- Priority is services to individuals from low-income families



*The Title X Family Planning program ["Population Research and Voluntary Family Planning Programs" (Public Law 91-572)].





Title X Family Planning Services National Perspective- Family Planning Annual Report



- 88 Service Grantees
 - 57% of grantees are State, Territorial, Tribal County, or Local Health Agencies
 - Remainder are universities and community-based not for profit agencies
 - More than 4,480 clinics in network
 - In the 50 United States, DC and eight U.S Territories and Jurisdictions

Client Characteristics 2006*

- 4,994,278 total users
 - 4,721,869 female (94.6%)
 - 272,409 male (5.4%)
- 57% 24 yrs. or younger
- 23% racial minority
- 24% Hispanic/Latino
- 67% ≤ 100% FPL
- 90% ≤ 200% FPL

* Family Planning Annual Report – 2006 preliminary

Family Planning Scope of Title X Required Services & Related Preventive Health Services

- Broad Range of Acceptable and Effective FP methods
- Education and counseling related to FP
- Physical Exam
- Gynecologic Services
- STD Screening and Treatment
- HIV Testing, Counseling and Referral
- Special counseling
- Other services as specified in "Program Guidelines"
- **Key Point-** scope of Title X project as indicated/defined in the approved grant application



Title X Family Planning Services National Perspective- Family Planning Annual Report 2006

- 4,994,278 family planning users served (95 % Female)
 - **2.4 million obtained a clinical breast exam (CBE)**
 - 3 % referred for evaluation of abnormal findings
 - Pap Tests
 - 2.4 million Pap tests and 2.3 million female family planning users
 - 10 % Abnormal (ASC or higher result)
 - Title X clinics tested 2,197,489 female users for Chlamydia
 - HIV Tests 666,706



Special Initiatives – HIV Prevention Integration in Family Planning

- OPA has received Minority AIDS Initiative (MAI) Funds since 2001 – has enabled funding of on-site HIV testing and prevention services in family planning clinics
- 80 projects currently funded
- Projects Implementing CDC 2006 Revised Recommendations for HIV Testing in Health Care Settings



Partnership between a Ryan White Funded Clinic and Title X

Karen Coleman, MSW

Erika Aaron, MSN

Division of Infectious Diseases and HIV Medicine
Drexel University College of Medicine

Partnership Comprehensive Care Practice, Phila.

- ▶ Full service HIV clinic
- ▶ Receives Ryan White Part A,C, and D in addition to Title X
- ▶ 1,700 patients:
 - 36% women
 - 82% people of color
- ▶ Increase number of transmissions through heterosexual contact
- ▶ Increase in fertility desires among HIV+ patients
- ▶ Gynecologist on site for abnormal findings and complications
- ▶ Family Planning Counselor on site full time
- ▶ Partnership Plus Clinic –integrated HIV and Prenatal for pregnant HIV+ women

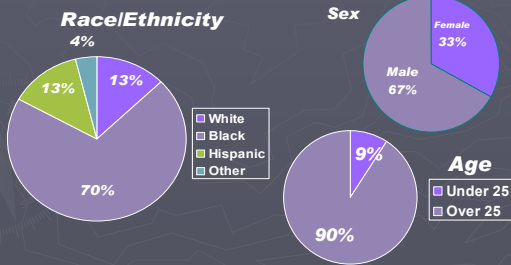
Challenges

- ▶ Change from a traditional infectious disease control focus to a collaborative model of care.
 - Added clinical responsibilities – one more thing to do in an already complex pt visit:
 - ▶ Co-morbidities, adherence issues, birth control, options counseling, preconception counseling and annual pelvic exams
- ▶ Convincing Family Planning of the complexity of integrating Title X into an HIV practice
- ▶ Integrating FP services into an already busy clinic presents challenges:
 - Extra time spent with pts
 - Integration of charting makes it difficult for FP audits
 - Documentation of risk reduction for secondary transmission
- ▶ Need for additional education and training of staff on family planning issues.
- ▶ As a primary care practice, should one provider do it all?

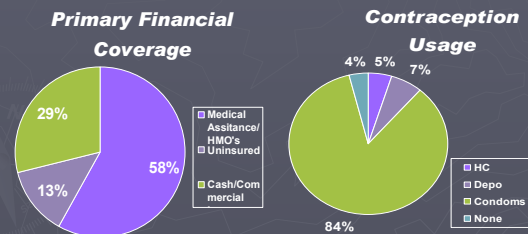
Advantages

- ▶ Revenue producing
 - Supports salaried positions
 - Supports FP supplies
 - Additional revenue for counseling – not covered by insurance plans
- ▶ Covers uninsured patients
- ▶ Partner services – ability to provide HIV testing, STD treatment to partners
- ▶ Preconception Counseling – planned safe pregnancies
- ▶ Strengthen capacity of clinic through collaborative training and technical assistance

Family Planning Population Profile



Family Planning Population Profile



Successes

- ▶ Share successes and challenges of integrating Title X family planning services in an HIV clinic.
- ▶ Encourage collaborative relationships between GYN, family planning, OB and HIV services.
- ▶ Maximized diverse federal funding streams to achieve integrated services.
- ▶ Provide proactive pregnancy planning.
- ▶ Realized 0% Perinatal Transmission.

Public Health Impact

- ▶ Incidence of new HIV infections now 56,000 recently reported by CDC (up from est 40,000)
- ▶ Public Health responsibility to provide prevention in FP clinics (primary prevention) and in HIV clinics (secondary prevention)
- ▶ Partner testing, planned pregnancy, provision of barrier techniques, helps to prevent new transmissions to infants and partners



HIV Screening and Women's Health

- Curriculum updated in 2006-07
- Six slide sets with speaker notes and handouts
 - Why Test All Our Clients?
 - HIV Prevention & Test Counseling: A Client-Centered Approach Heterosexual Transmission of HIV
 - Gynecological Manifestations of HIV
 - Testing Options
 - Considerations for Implementation
- Training Exchange



Other Related Women's Health Resources

- Clinical Issues Training of Trainers Package
 - Slide sets with talking points on:
 - Pap smears and pelvic exams
 - HPV
 - Common STDs
- System Issues Technical Assistance Package
 - Slide set on using a fishbone diagram
 - Guidebook on assessing and remedying barriers to cervical cancer screening
- Two Training Exchanges



Helpful websites

- AIDS Education and Training Centers
www.aidsetc.org
- Title X Family Planning Regional Training Centers
<http://opa.osophs.dhhs.gov/titlex/ofp-training-grantees-listing.html>
