



## Healing the Stigma of Depression

In People Living with HIV and their Caregivers

Barbara Schechtman, MPH  
Francine Cournos, MD  
Pamela Woll, MA, CACP  
Sally Neville, RN, MSN

Midwest AIDS Training and Education Center  
Columbia University and New York/New Jersey AETC  
Great Lakes Addiction Technology Transfer Center  
Kansas City Free Health Clinic

---

---

---

---

---

---

---

---



## Introduction and Background

Barbara Schechtman, MPH

---

---

---

---

---

---

---

---

## Objectives

- Discuss the prevalence and impact of depression on people with HIV
- Describe the nature of stigma, its effects on people with HIV and depression, and its effects on families, communities, and systems of care
- Identify steps you would be willing to take to reduce stigma and its effects on patients, families, communities, and systems of care

---

---

---

---

---

---

---

---

## The First Reason



---

---

---

---

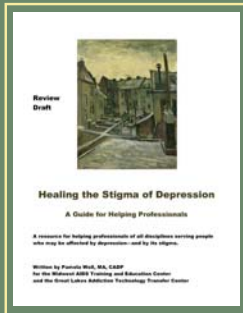
---

---

---

---

## The Manual Looks at:



- Depressive disorders, symptoms
- Neurobiology
- Treatment
- Co-occurring:
  - HIV/AIDS
  - Substance use disorders
  - Trauma
- Stigma
- Effects of stigma
- Healing the stigma
  - In society
  - Self-stigma

---

---

---

---

---

---

---

---



---

---

---

---

---

---

---

---