

Updates from Recent HIV Research Conferences: CROI 2020 and AIDS 2020

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Financial Relationships With Commercial Entities

Dr Gulick has no relevant financial affiliations to disclose. (Updated 08/05/20)

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Learning Objectives

After attending this presentation, learners will be able to:

- Identify new trends in HIV epidemiology
- Apply the latest data in HIV treatment to patient care
- Discuss the latest data in HIV prevention strategies

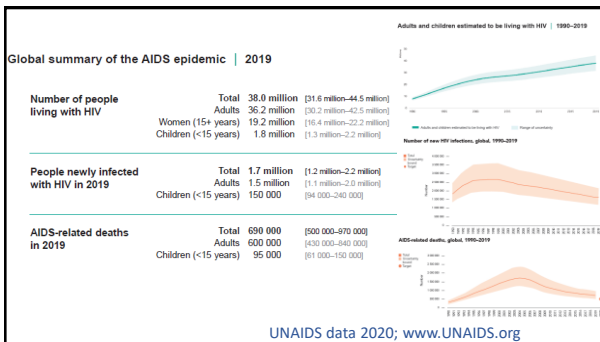
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Meeting Highlights

- Epidemiology
- Antiretroviral therapy
 - What to start?
 - Resistance
 - Weight gain
 - Pregnancy
 - New drugs
- Prevention
- Cure



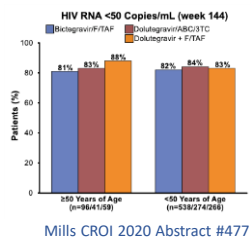
Epidemiology



ART: What to Start?

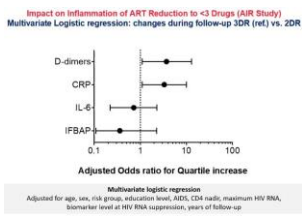
Pooled Analysis of Studies 1489 and 1490: BIC vs. DTG in Persons ≥50 Years of Age

- Two phase 3 studies in treatment-naïve patients
- TAF/FTC/bictegravir versus dolutegravir-based ART (with ABC/3TC or F/TAF)
- HIV RNA <50 copies/mL at week 144
- Results:
 - Comparable safety and efficacy in ≥50 years of age, overall study population, and <50 years of age
 - No resistance in any treatment group



Inflammation: 2- vs. 3-drug ART

- Retrospective COIRS cohort study
- N=8,415 otherwise healthy PLWH, suppressed on ART
 - 7,665 on 3-drug ART
 - 424 changed to 2-drug ART
 - 327 changed to 1-drug ART
- No difference in endpoints of death or end organ disease
- Biomarkers in 90 (3-drug ART), 60 (2-drug ART), 30 (1-drug ART)

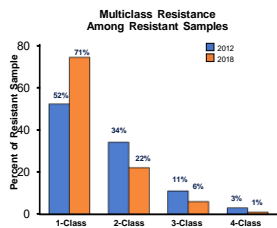


Serrano-Villar IAS 2020 #OAB0303

ART: Resistance

Trends in HIV Drug Resistance in the United States (2012-2018)

- De-identified samples submitted for routine HIV resistance testing (n=84,611; 2012-2018)
 - Analysis restricted to samples demonstrating substantial genotypic resistance to ≥1 ART class
 - Samples with resistance: 33%
- Change in resistant samples from 2012 to 2018
 - Resistance to NNRTIs was common/consistent (76% → 73%)
 - Resistance decreased over time to:
 - NRTIs (55% → 41%)
 - PIs (15% → 8%)
 - INSTIs (20% to 17%)
 - multiclass
 - 4-class resistance was rare (1%)
- Trends correspond with availability of improved and more convenient ART options



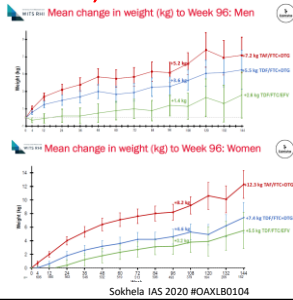
Henegar CROI 2020 abstract 521

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ART: Weight Gain

Advance Study: TAF vs. TDF; DTG vs. EFV

- South African PLWH, ART-naïve randomized to:
 - TDF/FTC/EFV
 - TDF/FTC + DTG
 - TAF/FTC + DTG (N≈350 per arm)
- Results:
 - VL <50 c/ml (ITT, wk 96): 74% (EFV), 78% (TDF/DTG), 79% (TAF/DTG)
 - More RTI resistance in EFV arm
 - Weight gain
 - Hip osteopenia: 16/351(5%)TAF vs. 58/608(10%)TDF



What About Stopping TAF?: TANGO Study

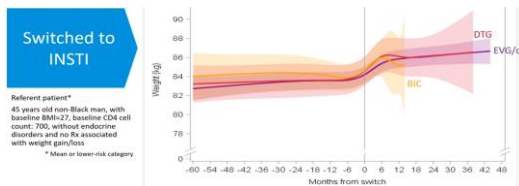
- Pts on 3-drug regimen with TAF at suppressed VL randomized 1:1 to continue or change to 2 drugs: DTG/3TC (N=686)
- Only 8% women
- Results:
- 2 drugs non-inferior to 3 drugs in virologic suppression

Weight parameter	DTG/3TC (N=343)	TAF-based regimen (N=343)
Adjusted ^a change from baseline, mean (SE), kg	0.81 (0.23)	0.76 (0.22)
Prior TAF duration <1 y ^b	1.45 (0.46)	1.35 (0.47)
Prior TAF duration ≥1 y ^b	0.60 (0.26)	0.60 (0.25)
Increased from baseline, n (%)		
≥10%	11 (3)	13 (4)

- Changing to DTG/3TC not associated with weight loss by 48 weeks
[Van Wyk CID \(epub 1/6/20\)](#)
[van Wyk IAS 2020 #0606](#)

OPERA Cohort – U.S.

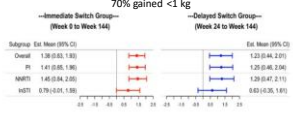
- Analyzed 6,919 pts on ART with VS who ΔTDF to TAF and maintained 3rd drug or changed to INSTI



Change to DOR/3TC/TDF – Effect on Weight

- Change from PI-, NNRTI- or INSTI-based regimen to DOR/3TC/TDF (2:1; immediate vs. delayed) (N=656)
- Post-hoc analysis of weight trends
- Conclusion: Patients on TAF+INSTI at baseline did not lose weight by week 48 after switch to TDF+DOR

Mean Weight Change from Time of Switch to Week 144 by Prior ART Regimen



PI = boosted abacavir, dolutegravir, or lopinavir; NNRTI = efavirenz, nevirapine, or rilpivirine; INSTI = bictegravir, dolutegravir, and was used with lamivudine (3TC) in most cases (17/22) or 3TC, TDF in 2/22. Weight in kg; error bars or 95% CI, size back on horizontal, always. (Figure in abstract, poster, and baseline CD4 count and 95% CI)

Kumar IAS 2020 #OAB0603

ART: Pregnancy

Tsepamo Update: DTG and Neural Tube Defect (NTD) Risk

Continued f/u of birth defects in Botswana (2014→4/20; ~70% of live births)

NTD Prevalence (95% CI) with DTG at conception, Apr 1, 2019-April 30, 2020



- Conclusion: 1 excess neural tube defect/1000 treated during conception

Zash IAS 2020 #OAXLB0102

VESTED: IMPAACT 2010: ART in Pregnancy

Study population: ART-Naïve, pregnant WLHIV 14-28 weeks gestation in 9 countries (88% in Africa) (N=639)

Study rx: DTG+FTC/TAF vs DTG+FTC/TDF vs EFV/FTC/TDF

Results:

VL <200 at delivery: 97.5% (DTG) vs. 91.0% (EFV)

Risk difference 6.5% (2.0%, 10.7%) → DTG superior

Two babies born with HIV:

- TAF/FTC/DTG: maternal viral load 58K
- TDF/FTC/DTG: maternal viral load < 40

Pregnancy Adverse Outcomes (all, including preterm delivery and small for gestational age): 24% (TAF/DTG) vs. 33% (TDF/DTG and /EFV)

[Chinula CROI 2020 abstract #130LB](#)

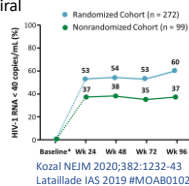
ART: New Drugs

Fostemsavir (FTR)

• Fostemsavir (FTR): Small-molecule that binds to gp120 and prevents attachment – new antiretroviral class: CD4 attachment inhibitor

• BRIGHT (Phase 3): heavily rx-experienced PLWH

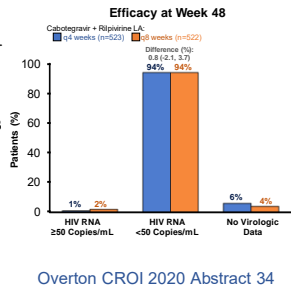
- n=272 with 1-2 remaining ART classes randomized to FTR 600 mg bid or placebo
- N=99 with no remaining ART classes not randomized; all received FTR



• U.S. FDA approved for adults living with HIV who have tried multiple HIV meds and whose HIV infection cannot be successfully treated with other therapies because of resistance, intolerance or safety considerations.

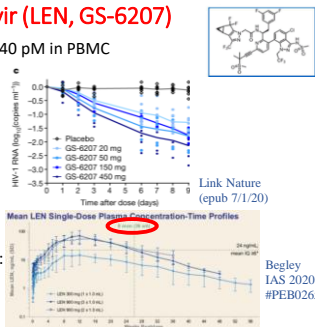
ATLAS-2M Study: CAB + RPV LA Q4 Versus Q8 Weeks

- Phase 3b, open-label non-inferiority ($\Delta 4\%$) study (N=1045)
- Study pop: ATLAS pts – on SOC ART or CAB+RPV LA with VL <50
- Study rx: (po lead in of CAB+RPV X 4 wks if on SOC ART)
 - CAB 400 + RPV 600 LA q4 wks or CAB 600 + RPV 600 LA q8 wks
- Results:
 - Safety: ISR 98% were grade 1-2, median duration 3 days
- Conclusion: q8 weeks was non-inferior to q4 weeks



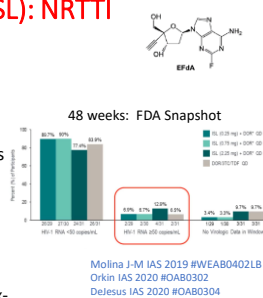
Capsid Inhibitor: Lenacapavir (LEN, GS-6207)

- Potent antiretroviral activity: EC_{50} 140 pM in PBMC
- Active across all tested subtypes
- Resistant variants have low fitness
- \downarrow clearance and solubility \rightarrow very long $t_{1/2}$ life: 30-43 days
- Oral and SC formulations
- Phase 1 in HIV- and HIV+ pts
 - Max VL \downarrow 2.2 log cps/ml at day 10
- New sustained-delivery formulation:
 - Phase 1 in 30 HIV- pts
 - 3 SC doses (10/group)



Islatravir (ISL): NRTTI

- Efda – adenosine analogue
- Active against NRTI-resistant virus
- Half-life = 50-60 hours in plasma
- Oral and parenteral formulations
- Phase 2b study of ISL+DOR+3TC vs. DOR/3TC/TDF; ISL: 3TC d/c at 24 wks
 - Treatment-naïve (N=120)
- Results
 - At week 48 viral suppression similar
 - VL too low for resistance testing
 - Adverse effects similar; mild HA more common for ISL (11%), transient
- Phase 3 planned: rx-naïve, switch, rx-experienced (ISL dose 0.75 mg)

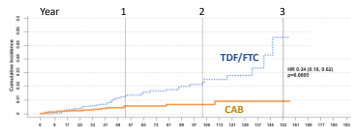


Prevention

HPTN 083: PrEP with IM CAB vs. TDF/FTC



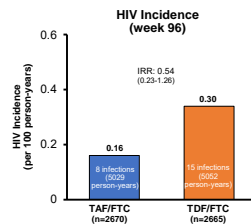
- Phase 2b/3 randomized, double-blinded HIV PrEP international study
- Study pop: High-risk adult MSM/TGW (N=4570)
 - 67% <30 yo; 12% TGW; 50% Black in U.S.
- Study reg: CAB oral (5 wks) → IM q2 mos vs. TDF/FTC po daily
- DSMB stopped study early!
- Results:
 - New HIV infections:
 - 13 (CAB) vs. 39 (TDF/FTC)
 - HIV incidence rates (/100 pt yrs):
 - 0.41 (CAB) vs. 1.22 (TDF/FTC)
 - Safety:
 - ISR 81% (CAB) vs. 31% (placebo)
 - 2% of CAB participants d/c
- Conclusion: CAB non-inferior and superior!



Landovitz IAS 2020 #OAXLB0101

PrEP: DISCOVER: TAF/FTC vs TDF/FTC (96 weeks)

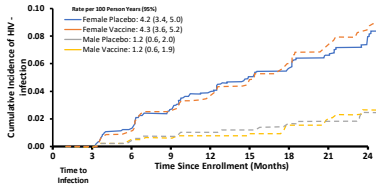
- Phase 3, double-blind randomized study of MSM and TGW at-high risk for HIV with eGFR ≥60 (N=5387)
- Study population:
 - Average age: 34 years
 - Asian 5%/Black 9%/white 84%; TGW: 2%
- Results:
 - PrEP with TAF/FTC was non-inferior to TDF/FTC for new HIV infections at both week 48 and 96
- Safety: D/C for AE: 1% (TAF) vs. 2% (TDF)
 - Bone/renal markers improved with TAF
- Weight change:
 - TAF: +1.0 kg (wk 48) and +1.7 kg (wk 96)
 - TDF: 0 kg (wk 48) and +0.5 kg (wk 96)



Ogbuagu CROI 2020 abstract #92

HVTN 702: HIV Vaccine Study in South Africa

Phase 2b/3 study of HIV vaccine (ALVAC + gp120/MF59) (N=5400)
 Start 10/16 → DSMB stopped study in 2/20



Gray CROI 2020 abstract #SS02

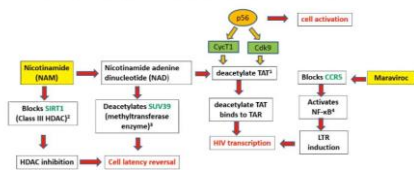
Cure

The Sao Paulo Patient

SPARC-7 Study of 30 pts on first-line ART, CD4 >350, VS X ≥2 yrs

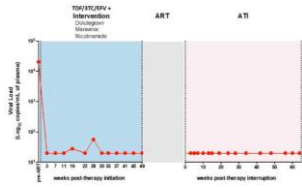
Study Rx: add DTG+ maraviroc + nicotinamide to ART → change back to original ART regimen → ATI

Multiple Latency Reversal Mechanism for Nicotinamide and Maraviroc



Diaz IAS 2020 #OAXLB0105

1 patient post-ART Interruption:



- No detectable HIV RNA or DNA in blood
- PBMC co-culture negative for HIV
- HIV-EIA reverted to negative, but Western Blot positive
- No other study subjects in remission (n=29)

Diaz IAS 2020 #OAXLB0105

Thanks to:

IAS-USA

Jeff Lennox and Paul Sax for slides

2021

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2020 Ryan White
HIV/AIDS Program
CLINICAL CONFERENCE

Question-and-Answer Session
