

# 8 | INDIVIDUAL MENTAL HEALTH & SUBSTANCE USE SERVICE PLANS Category: Education and Treatment Adherence

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**Subpopulation:** MSM of Color **Contact Phone:** (714) 834-8426

Regional Group: California Evidence of Improvement: Yes Other Data: Yes

Intervention: Developed individual service plans for patients identified to have mental health or substance use co-morbidities.

## **Change Ideas:**

• Based on initial chart review tool that helped identify patients not virally suppressed with co-morbidities of mental health and/or substance use issues

## **Intervention Description:**

Individual service plans were developed for patients based on a chart review for all MSM of color who were not virally suppressed which showed common psychosocial factors among this subpopulation. When initially creating chart review tool, the research analyst saw that patients who were not virally suppressed had co-morbidities of mental health and/or substance use issues. Case managers believed this was the reason as to why patients could not achieve viral suppression. This intervention started on June 30, 2018 and went through December 2019. Eighteen out of 20 service plans were completed. Viral suppression among the youth subpopulation has increased from 87% in 2018 to 90.9% currently.

Do you have measurable data to demonstrate the	How effective was this intervention to increase viral suppression or reduce	What are the start and end data points for the intervention to indicate the measurable	Was this intervention tested/implemented during the
effectiveness of this intervention?	HIV disparities? (Scale from 1-4)	impact?	Collaborative?
		Started June 30, 2018 through December	
Yes	3-Effective	2019, 18 out of 20 were completed	Yes
Is this intervention replicable across other HIV subpopulations of the Collaborative?	How do you rate the ease of replication of the intervention by other HIV providers? (Scale from 1-4)	How much financial support do you estimate was necessary to test your intervention per patient? (\$-No Additional Agency Costs; \$\$-1 to 49 US Dollars; \$\$\$-50-99 US Dollars or more; \$\$\$-100 or more US Dollars; Don't Know)	
Yes	3-Easy to Replicate	\$\$\$	