Supports for People Aging with HIV: Resources from the Administration for Community Living (ACL)

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Agenda

- An overview of ACL structure and its network of programs and services;
- Program highlights;
- Partnering with ACL programs;
- New State Plan Guidance;
- Questions

ACL Mission and Vision

Mission

Maximize the independence, well-being, and health of older adults, people with disabilities, and their families and caregivers

Vision

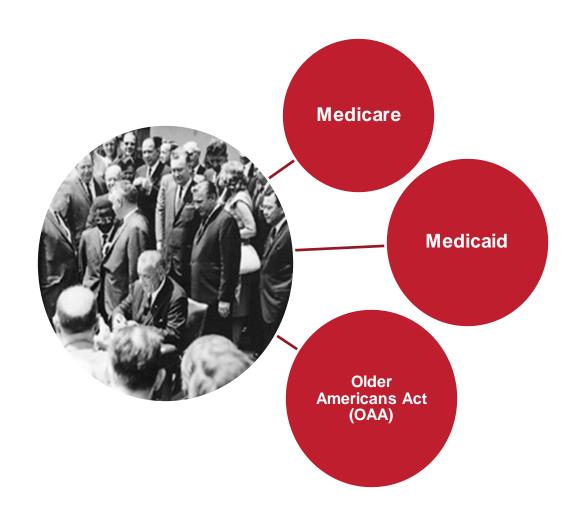
All people, regardless of age and disability, live with dignity, make their own choices, and participate fully in society

Authorizing Statutes

- Older Americans Act
 - Aging Network
 - Ombudsman Program
 - Evidence Based Disease Prevention
 - Elder Rights Protections
- Public Health Service Act
 - Limb Loss Resource Center
 - Lifespan Respite Care Act
 - TBI Reauthorization Act
- Omnibus Budget Reconciliation Act
 - State Health Insurance Assistance
 Program
- Elder Justice Act
 - Elder abuse, neglect and exploitation

- Health Care Fraud & Abuse Control
- Medicare Improvements for Patients & Providers Act
- Developmental Disabilities Assistance & Bill of Rights Act
- Rehabilitation Act
 - NIDILRR
 - Independent Living Services
 - Centers for Independent Living
- Assistive Technology Act
- Help America Vote Act
- Christopher & Dana Reeve Paralysis Act

1965: Three Important Programs Enacted



"Every State and every community can now move toward a coordinated program of services and opportunities for our older citizens." President Lyndon B. Johnson, July 1965



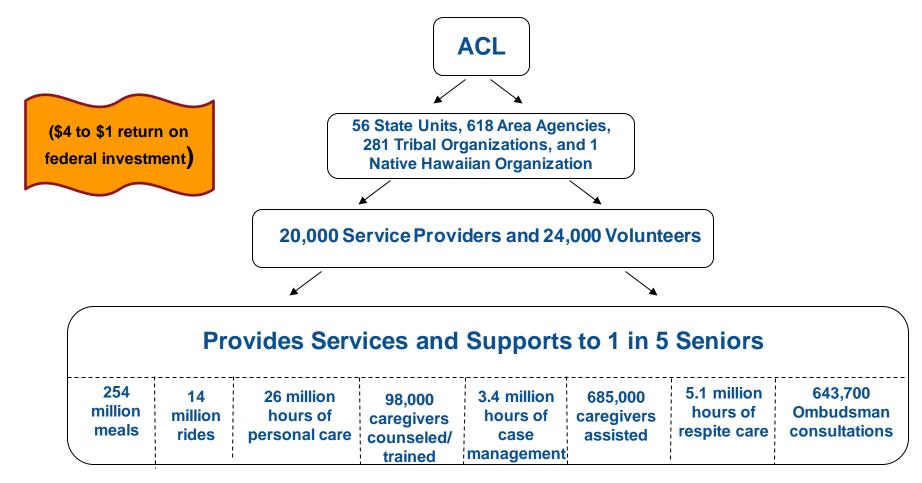
OAA - Seven Titles

- Title I: Objectives
- Title II: Establishes Administration on Aging (AoA) and National Aging Service Network
- Title III B: Supportive Services & Senior Centers
- Title III C: Nutrition Services
- Title III D: Disease Prevention and Health Promotion
- Title III E: National Family Caregiver Support Program

OAA - Seven Titles (Cont'd)

- Title IV: Discretionary Projects and Programs (Program Innovations, Training, Demonstrations)
- Title V: Community Service Employment for Older Americans
 (Administered by the Department of Labor) Subsidized Employment &
 Training for Low Income Seniors 55 and over
- Title VI: Programs and Services for American Indians, Alaska Natives & Native Hawaiian Elders
- Title VII: Vulnerable Elder Rights Protections

The Aging Network's Community-Based Services Helps 11 Million Older Adults And Their Caregivers Remain At Home



FFY 2020 data retrieved from ACL's Aging, Independence, and Disability Program Data Portal (AGID): https://agid.acl.gov/

Area Agencies on Aging (AAA)

- Primary source of planning, developing, coordinating and delivering services
- Many names, many partners, one mission
 - Community Based Organizations, County Government, Council Government or Regional Planning and Development Area
 - Not all are called "AAA"
- House OAA services but also partner across aging services spectrum

OAA CORE SERVICES

NUTRITION





HEALTH & WELLNESS







ELDER RIGHTS

includes abuse prevention and long-term care ombudsman programs



OAA CORE SERVICES



SUPPORTIVE SERVICES

Information and referral In-home services Homemaker & chore services Transportation Case management Home modification Legal services

The average AAA offers more than a dozen additional services.

The most common non-core services offered by AAAs are:

- Insurance Counseling (85%)
- Case Management (82%)
- Senior Medicare Patrol (44%)

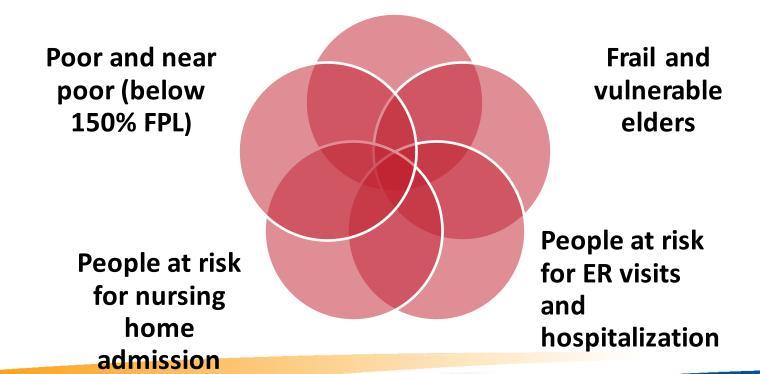
© USAging

The OAA: Greatest economic and greatest social need

...assures that preference will be given to providing services to older individuals with **greatest economic need** and older individuals with **greatest social need** with **particular attention to low-income older individuals**, including **low-income minority older individuals**, older individuals with **limited English proficiency**, and older individuals residing in **rural areas**.

Who We Serve Through the Aging Network

Virtually ALL adults 60 and older are eligible for OAA services



A Person-Centered Approach

Personal Care

Access/Services/
Information

Transportation

Home Health Aide

Chore/ Housekeeping

Congregate Meals

Grocery Shopping

Benefits Counseling



"What will I need to stay healthy in my own home as I get older?"

Meal Preparation

Adult Day Care

Home Delivered Meals

Financial Plan/ Management

Legal Assistance

Socialization/
Senior Center

Home Modification Medication Management

State Health Insurance Assistance Program (SHIP)

Mission

Our mission is to empower, educate, and assist Medicareeligible individuals, their families, and caregivers through objective outreach, counseling, and training, to make informed health insurance decisions that optimize access to care and benefits.

SHIPs

- **54 Grantees**: One every state, DC, PR, & USVI (2 in 3 housed in State Units on Aging; 1 in three housed in Dept of Insurance)
- Provide one-on-one assistance to Medicare beneficiaries who prefer or need information, counseling, and enrollment assistance beyond what they are able to receive on their own through other sources
- Built on over 3,300 local partnerships with AAAs, Centers for Independent Living (CILs), senior centers, and other community organizations to host 14,000 team members (approx. 50% are volunteers)

Opportunities to Partner

Outreach & Education

SHIP grantees are available to conduct community outreach and education

One-on-One Assistance and Issue Resolution via Referral

 SHIP grantees are available to provide one-on-one assistance to Medicare beneficiaries on any questions and/or issues they may have pertaining to Medicare benefits and access

Cross Training

 Ryan White HIV/AIDS Program (RWHAP) case managers can become SHIP counselors and SHIP counselors can be trained on RWHAP-funded programs

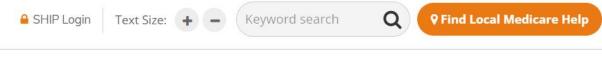
Partnership Example: Iowa

- Partnership between Iowa SHIP and ADAP began in 2013/2014
- Started with a referral relationship that grew into cross training for RWHAP Field Benefit Specialists
 - Larger RWHAP programs now have fully trained and certified
 SHIP counselors
 - Currently have 6 trained ADAP field benefit specialists and one volunteer coordinator at RWHAP
 - Smaller programs have a referral process to send clients to the One Iowa (SHIP site and nonprofit targeting the LGBTQIA community)

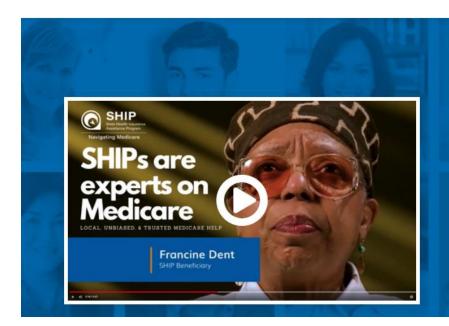
Find your local SHIP



Navigating Medicare



About Success Stories Volunteer Resources for SHIPs COVID-19



Local Medicare Help

Trusted, unbiased, one-on-one counseling and assistance.

Shiphelp.org

Senior Medicare Patrol (SMPs)

 Empower and assist Medicare beneficiaries, their families, and caregivers, to prevent, detect, and report suspected healthcare fraud, errors, and abuse through outreach, counseling, and education. SMPs work to resolve beneficiary complaints of potential healthcare fraud in collaboration with state and federal partners.

• SMPs recruit and train retired professionals and other volunteers to recognize and report instances or patterns of healthcare fraud.

Find your SMP Program



SMPResource.org

Long-Term Care Ombudsman

- Individual Advocacy: States' Long-Term Care (LTC) Ombudsman programs work to resolve problems related to the health, safety, welfare, and rights of individuals who live in LTC facilities.
- Systemic Advocacy: Ombudsman programs promote policies and consumer protections to improve long-term services and supports at the facility, local, state, and national levels.
- There are Ombudsman in all 50 states, DC, Puerto Rico, USVI, and Guam
 - State Ombudsman \rightarrow Local \rightarrow Staff and thousands of volunteers

Long Term Care Ombudsman (cont'd)

Systemic Advocacy

California ombudsman heavily involved in <u>Nursing Facility</u>
 <u>Bill of Rights</u> and "greatest social need" in <u>HIV and Aging</u>
 <u>Act</u>

 New Jersey ombudsman worked with Garden State Equality around LGBTQ nursing facility bill of rights

Long-Term Care Ombudsman (cont'd)

Individual Advocacy

- Taking complaints
 - Historically low regarding HIV and LGBTQ (difficulty in data collection and tracking)
 - Quality, visitation, transfer and discharge, privacy, etc.
- Information and assistance to residents and their families
- Drop-in and scheduled visits of facilities
- Information and counseling to facility staff and managers
- Participate in resident and family council meetings

Find your State Ombudsman program



Specialized Information for:

Long-Term Care Consumers

Family Members

Advocates

COVID-19

Find the Long-Term Care Ombudsman Program in Your State

The Long-Term Care Ombudsman program advocates for residents of nursing homes, assisted living facilities, board and care homes, and similar adult care homes. LTCOPs provide information about how to find a facility and what to do to get quality care and they are trained to resolve problems. If you are interested in volunteering for a LTCOP, click on your state for contact information and reach out to them to find out how you can volunteer in your community.

Learn more about ombudsmen

Evidence Based Disease Prevention and Health Promotion

- Chronic Disease Self Management Programs
 - Self-Management Resource Center
 - Provide seed grants for grantees to develop sustainable programs
 - Diabetes, Cancer, Chronic Pain, General Chronic Disease
- HIV: Positive Self-Management Program
- Past ACL grantees: Maine AAA, Council for Jewish Elderly (IL),
 Open Hand Atlanta (GA)

Elder Abuse, Neglect and Exploitation

- •A minimum 5 million elders are abused, neglected and/or exploited annually.
- •Older victims of even modest forms of abuse have a dramatically higher (300%) morbidity and mortality rates.
- •OAA focuses on training, education, and coordination with local law enforcement officials, community coalitions, and multidisciplinary teams.

Elder Abuse, Neglect and Exploitation (cont'd)

- Elder Justice Act Implementation
 - Elder Justice Coordinating Council
 - National Framework
 - National Center on Elder Abuse
 - National Adult Maltreatment Reporting System
 - Adult Protective Services Proposed Rule

Older Adults Equity Collaborative







Collaborating to Ensure
Access and Equity in
Aging Services Programs





THE NEW YORK ACADEMY OF MEDICINE







Welcome to the Eldercare Locator, a public service of the U.S. Administration on Aging connecting you to services for older adults and their families. You can also reach us at 1-800-677-1116.

New State Plan Guidance

- New State Plan Guidance issued August 2021
- State Plan Guidance Equity Complement issued March 31, 2023
- Designated people with HIV as a greatest social need population
- Encouraged states to take a broad approach to ensuring services are reaching older adults in greatest social need in line with recent Executive Orders by President Biden (e.g., LGBTQ+)
- Requires states to include in future state plans how they are serving older adults who are aging with HIV

Older Americans Act Regulation

- The first time that this rule has been updated in 30 years
- Designates older adults who are aging with HIV as a greatest social need population (as well as LGBTQ+ individuals)
- Codifies State Plan Guidance in this regard
- Notice of Proposed Rulemaking issued 6/16/23, Comment closed 8/15/23
- Ongoing technical assistance and trainings

New 2023-2026 State Plans: Example → Oklahoma

Focus group comprised of:

- People with HIV
- AIDS Service Organizations

Oklahoma created an objective in their plan dedicated to improving integration between HIV service providers and Older Americans Act grantees.

The state's long-term goal is to increase the number of older Oklahomans with HIV accessing OAA Title III services.

Oklahoma (cont'd)

"Increase awareness of available resources and services for older adults living with HIV/AIDS"

Strategies

- 1.) Partnership with the State Departments of Health and other community partners to disseminate information about services and resources for people with HIV/AIDS to AIDS Service Organizations (ASOs);
- 2.) Increase outreach efforts to ASOs to train providers about OAA services and how to access them and;
- 3.) Provide training to AAAs and providers about HIV/AIDS and the prevalence in older Oklahomans.

Performance measures:

- 1.) # of awareness events and educational materials handed out by PSA
- 2.) # of ASOs provided with training and resources on OAA services.

Getting Involved in the State Planning Process: Resources

- ACL State Plan Resources
- Making your Area Plan on Aging LGBTQ+ and HIV+ Inclusive: New Older Americans Act Requirements & ACL Guidelines for AAAs – SAGE (sageusa.org)
- Sage_StrengtheningGuidebook2017.pdf (lgbtagingcenter.org)
- Inclusive Services for LGBT Older Adults: A Practical Guide to Creating Welcoming Agencies
- LGBTAgingCenter.org Resources Aging Network Planning Tools

General Resources

- Information on all ACL programs and services: <u>acl.hhs.gov</u>
 - Chronic Disease Self Management & Education Programs
 - State Health Insurance Assistance Partnership (SHIP)
 - Senior Medicare Patrol
 - Ombudsman
- ACL HIV/AIDS webpage
- Older Adults with HIV/AIDS: A Growing Population (blog for National Aging and HIV Awareness Day)
- Eldercare Locator (acl.gov)

QUESTIONS????

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