

“This workshop gives you a way to assess your own individual care.”

-Workshop Participant

Making Sure Your HIV Care Is The Best It Can Be *is a workshop you should attend if you want to:*

- Learn how to evaluate the quality of HIV health care you are getting
- Talk with others about how they rate the quality of HIV care they get from their providers
- Practice ways of effectively advocating for your own health care need

The HIV Quality of Care Program

AIDS Institute

New York State Department of Health

The New York State Department of Health AIDS Institute is committed to promoting the quality of HIV clinical services delivered to people with HIV in New York State.

The curriculum used in the Making Sure Your HIV Care Is The Best It Can Be workshop was developed by the Quality of Care Program. It is believed that through participation in the workshop HIV consumers will develop understandings and skills that will assist them in better evaluating the quality of HIV care they receive and to better participate in the management of that care.

Making Sure Your HIV Care *Is The* Best It Can Be!

***A Consumer Training Workshop in
HIV Quality of Care Self-Advocacy***

A Skills-Building Workshop

New York State Department of Health

AIDS Institute

The HIV Quality of Care Program

Making Sure Your HIV Care Is The Best It Can Be!

A Quality of Care Workshop for Consumers of HIV Health Care Services

What you will learn in the workshop:

- How to judge the quality of your HIV health care. What do you value most in your health care? What do you like about the HIV health care you are receiving? What would you most like to change?
- What are some of the important standards of HIV care that all HIV clinics need to provide for all HIV patients? What do terms like HAART, CD4 cell counts and viral load tests mean, and how do you use this information to judge the quality of your HIV health care?

- How to find important information about the quality of HIV health care provided by the clinic you go to. How to find that information in the “Consumer’s Guide to HIV Care in New York State.”
- How to develop an action plan to improve the quality of the HIV care you receive.
- Ways to act as an advocate for yourself in getting the best HIV care you can.

This workshop is for any consumer of HIV health care services.

Are you having trouble getting all the information you need about your HIV health care?

This workshop may help you find ways get all your information needs met.

Would you like to find out how the quality of HIV care at your clinic compared with other clinics in your area? This workshop will show you how your clinic did.

Are you interested in how other HIV health care consumers rate the quality of HIV care they are getting? This workshop will let you share experiences with other people like yourself.

About the Consumer workshops

Each workshop is scheduled to take two and one-half hours to complete.

Workshops are lead by trained facilitators.

Activities in the workshops give you a chance to practice self-advocacy skills.

Group activities let you participate as much as you are comfortable with and let you learn from others like yourself.

For information about the schedule of consumer workshops in your area call (212) 268-6108.
